

**Suburban Psychiatric Associates, LLP**  
**Authorization for Use and Disclosure of Protected Health Information**  
**PSYCHOTHERAPY NOTES**

This form provides authorization to **Suburban Psychiatric Associates, LLP** (“the Practice”) to use or disclose certain of your personal health information for the purpose(s) described below. It is intended to properly inform you of how this information will be used or disclosed. You should carefully read the information on this form before signing it.

I, \_\_\_\_\_, DOB: \_\_\_\_\_

**Authorize the Practice to (circle one):      DISCLOSE TO      OBTAIN FROM**

With an address at: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The following information:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Any part of my medical record considered and/or designated to be “psychotherapy notes”. Psychotherapy notes are : “notes recorded (in any medium) by a health care provider who is a mental health professional documenting or analyzing the contents of conversation during a private counseling session or a group, joint or family counseling session and that are separated from the rest of the individual’s medical record. Psychotherapy notes exclude medication prescription and monitoring, counseling session start and stop times, the modalities and frequencies of treatment furnished, results of clinical tests, and any summary of the following items: diagnosis, functional status, the treatment plan, symptoms, prognosis and progress to date.”*

I understand that if my records contain information about alcohol and drug abuse and/or HIV/AIDS status, I authorize the Practice to release such information as part of my medical record only if I place my initials on the appropriate line as set forth below.

Included in information to be released:

- \_\_\_ Alcohol/Drug Treatment
- \_\_\_ Mental Health Information
- \_\_\_ HIV Related Information

**Purpose of Information to be Disclosed:** [If you have requested the use or disclosure of the information but do not, or elect not to, provide a statement of the purpose, the purpose shall be stated as “at the request of the individual”]: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

If you have requested the use or disclosure of the information but do not, or elect not to, provide a statement of the purpose below, the purpose shall be stated as “at the request of the individual.”

**This authorization shall expire 365 days from the date of this request.**

I understand that I have the right to revoke this authorization at any time, in writing, by mailing such written notification to the Practice’s Privacy Officer, at **Suburban Psychiatric Associates, LLP, 85 Bryant Woods South, Amherst, NY 14228.**

I understand that a revocation is not effective to the extent that the Practice has taken action in reliance on this authorization or if this authorization was obtained as a condition of obtaining insurance coverage and the law provides the insurer with the right to contest a claim under the policy or to contest the policy itself.

I understand that the Practice will not condition my treatment on whether I provide authorization for the requested use or disclosure if to do so would be prohibited by federal or state law. If a reason exists under law for conditioning my treatment on obtaining this authorization, I have been advised of that fact and of the consequences of me refusing to sign this authorization.

I understand there is the potential for information used or disclosed pursuant to this authorization to be subject to re-disclosure by the recipient if the recipient is not required by law to protect the privacy of the information. I understand that I will receive a copy of this authorization if signed by me.

I hereby authorize the use or disclosure of my health information as described in this form.

\_\_\_\_\_  
Signature of Patient or Personal Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Patient or Personal Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Description of Personal Representative’s Authority

